

Older People's Working Group

2.00 pm on Friday, 13 December 2019 in the Council Chamber, Civic Offices, Reading.

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| 1. | Welcome | |
| 2. | Minutes | 5 - 18 |
| 3. | Matters Arising | |
| 4. | Children's Choir - Seasonal Songs | |
| 5. | The History of Panto | |
| 6. | Seated Exercises | |

Traditionally, the December meeting of the Older People's Working Group is a celebratory event rather than a business meeting.



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Reading
Borough Council
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The Reading Older People's Working Group

...is open to all older residents (please tell your friends, neighbours and other contacts)

...is your chance to talk to your councillors about what's important to you

...includes presentations on topics requested by the group, and space for you to raise any current issues or concerns

Councillors on the Older People's Working Group

Councillor Gul Khan - Chair

Councillor Tony Jones - Vice Chair (Lead Councillor for Adult Social Care)

Councillor Rachel Eden

Councillor Micky Leng

Councillor Rose Williams

Meeting Dates	
For 2020	
Friday 14th February	
Friday 20th March - this meeting is now cancelled and will be rescheduled to April 2020.	

All meetings are from 2 til 4 pm in the Council Chamber, Civic Offices, Bridge Street, Reading RG1 2LU.

Please call us on 0118 937 2383 or email opwg@reading.gov.uk to let us know if you plan to attend.



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Meeting Title:	OLDER PEOPLE'S WORKING GROUP (OPWG)
Date:	Friday 8 th November 2019
Time:	2 PM - 4 PM
Location:	Council Chamber, Civic Centre
Chaired by:	Cllr Gul Khan, RBC
Attendees:	
Cllr Rose Williams	RBC
Cllr Tony Jones	RBC
Cllr Helen Manghnani	RBC
Cllr Rachel Eden	RBC
Janette Searle	RBC
Nina Crispin	RBC
Sarah Hunneman	RBC
John Walford	
Alan Edgar	Thames Valley Pensioners Convention
Douglas J Dean	Thames Valley Pensioners Convention
Tony Hall	Thames Valley Pensioners Convention
James Penn	South Reading Patient Voice
Bridget Chubb	Firtree
Graham England	
Laurence Napier-Peele	
Janice Scruby	Firtree
Barbara Hobbs	Grovelands Walking Group
Marrion Huggins	
Brenda Jenkins	Pegasus Court / MacMillan Cancer Support
Kevin Hood	Depression Expression
Patience Odunsi	
Lilian Clifford	
Diane Hiles	Oddfellows Society
Valerie White	
Gordon Summers	
Constance Gooding	ACRE
Yvonne Antrobus	
Juanita Blackett	
Lorna Walker	
Rosa de Sousa	
Carol Froud	
Neil Scott	Reading Buses



Diane Seydoux	
Anne and Jack Beard	
Mo McAulay	
Jean Hutton	U3A
Anita Donovan	SSEN
Frank and Sylvia Millgate	
Hilda Kirkpatrick	Readibus
Laxmi Kachwaha	Readibus
Joan Walker	NHSRF
Apologies:	
Miriam Sparkes	
Alex Dury	Action on Hearing Loss
Heather Cresswell	MS Society Reading & Wokingham
Rebecca James	Reading Museum, RBC
Liz Wilks	Sheltered Housing, RBC
Lara Stravinou	Cultural Development, RBC
Sally Moore	RBH
Gina Harris	

1. Welcome

2. Minutes of last meeting on 6th September 2019

(Cllr Gul Khan)

Minutes approved.

3. Matters arising from last meeting on 6th September 2019

(Cllr Gul Khan)

None to report.



4. Older People's Day 2019 - debrief
(Fiona Price, Age UK Berkshire)

Please click to read embedded presentation:



Reading Older People's Day 2019

Fiona Price
Age UK Berkshire

Thanks to:
Age UK Reading, Reading Borough Council and The Broad Street Mall and
members of the Older Peoples Steering Group



	<i>QUESTIONS & ANSWERS / COMMENTS</i>
Q1	Can we have the statistics added to the minutes?
A1	Yes we can include them - more stats that have been included below:
	<ul style="list-style-type: none">▪ Between 850-1000 people attended▪ Survey Monkey- 26 responses for stallholders▪ 100% said they enjoyed the day and found it beneficial to attend▪ 100% said they learned more about services in Reading that they were not familiar with▪ Organisations said they had contact with between 50-150 people at the event



	<ul style="list-style-type: none"> ▪ 72% female and 26% male attendees ▪ Age range: <ul style="list-style-type: none"> ▪ under 45 8% ▪ 45-64 6%, 65-69 10%, ▪ 70-79 52%, 80-89 22%, ▪ 90+ 2%
	<ul style="list-style-type: none"> ▪ <i>Was it beneficial for your organisation to attend? Y / N / DK</i> <ul style="list-style-type: none"> ▪ 88% Yes ▪ 6% No ▪ 6% Don't Know
	<ul style="list-style-type: none"> ▪ <i>If you also attended last year's event, would you say the 2019 event was better / about the same / not as good</i> <ul style="list-style-type: none"> ▪ 25% better ▪ 25% the same ▪ 6% not as good ▪ 44% did not respond
	<ul style="list-style-type: none"> ▪ <i>If we were to hold the event next year at the same location, would you like to be part of the day?</i> <ul style="list-style-type: none"> ▪ 94% Yes ▪ 6% No
	<ul style="list-style-type: none"> ▪ <i>How did you hear about the event?</i> <ul style="list-style-type: none"> ▪ 8% RBC Forum or other council service ▪ 8% Age UK ▪ 6% Broad Street Mall ▪ 4% Social media ▪ 4% Local press ▪ 2% A website ▪ 52% Other ▪ 16% No response-
	<ul style="list-style-type: none"> ▪ <i>Did you enjoy the event?</i> <ul style="list-style-type: none"> ▪ 96% Yes ▪ 94% The stands useful ▪ 84% Enjoyed music



Q2	How did we get your stats?
A	We have volunteers going round with feedback forms. We had feedback from Survey Monkey and direct feedback from the volunteers.
Q	Could another venue be considered?
A	We have considered other venues but Broad Street Mall has been
Q	Some of our Sheltered Housing residents and retirement places didn't know about the event?
A	We will take your name and ensure Sheltered Housing residents know about the event in future.
Q	New What's on Reading site - we can add the information on for future events.

5. Reading Active Consultation

(Mike Hill, Leisure Net)

Leisure Net is a market research consultation company - work with local councils to help them understand what local residents want in relation to physical activities and leisure centres.

We are not looking only at leisure centres, but also at other areas where people can engage in physical activities - such as parks...

	QUESTIONS & ANSWERS / COMMENTS
Q1	What are the key barriers that are preventing you from keeping active - using leisure centre, walking, cycling.... ?
A1	<ul style="list-style-type: none"> - Lack of physical ability - Decent bus service to Rivermead - ¾ agreed with that. People who are disabled can't walk from the bus stop to the Rivermead easily. No 42 minibus nit adequate transport to Rivermead. - Loosing travel card for older people - Access to information - not well coordinated



	<ul style="list-style-type: none"> - Financial costs - £4 / h for some activities - for people on low pension can't afford. - No swimming pool - Private company running leisure centres - which might mean subsidies for older people will be affected. Petition will be presented to Policy committee on 18/11. - Activities for over 70s - there is a lot of things available for over 50s - People are busier than before - Firtree have seen numbers declining recently - No place to go to for a Tea dance
Q2	How many people are fully aware of the local opportunities for physical activities
A2	Response from group: around 20%
Q3	What would encourage you to get involved in physical activities?
A3	<ul style="list-style-type: none"> - Walking football - Tea & Dance opportunities
Q4	- How many people are aware of YRP?
A4	- About 50%
C	- Over 50+ club at Rivermead - well attended, offers a range of activities - every Mondays and Fridays. Talk to Rivermead to find out more.



6. Changing in TV Licensing for over 75 and Scams

(Steve Hambridge, Trading Standards, RBC)

Scams

This item will be brought back to the agenda at a future date.

Please contact Citizens Advice Reading if you have been contacted for any scams through doorstep calling:

Consumer.protection@reading.gov.uk

Citizens Advice Reading: 0345 4040 506

There are a number of scams related to the HMRC service - please check the information below:

<https://www.which.co.uk/consumer-rights/advice/how-to-spot-the-hmrc-tax-phone-scam>

<https://www.friendsagainstscams.org.uk/>

TV Licensing - coming in on 1st June 2020

Free TV License will be offered to people over 75 who are getting pension credit.

Those getting the state pension are not included in the scheme.

Further information can be found at:

https://www.tvlicensing.co.uk/age?wt.mc_id=bbc_pr_o75_english

	<i>QUESTIONS & ANSWERS / COMMENTS</i>
Q1	Do you have to actively apply or is it sent to you automatically?
A1	Yes you have to apply - www.bbc.co.uk/age



C1	BBC agreed that they will take on the responsibility in exchange for an increase in the TV license.
Q2	There are a lot of 75+ who don't have access to the internet.
A2	Trading Standards can help in this area. If you come to the Council, we can assist.
C2	Age UK Berkshire has got some information today on pension credit.
Q3	Are there dispensations for registered disabled people?
A3	If it comes within the pension requirement. Recommendation is to go to Citizens Advice Reading to find assistance in understanding the information on the website and check if you qualify for pension credit. Some people on state pension may qualify for pension credit.
	This is a central government matter - you will need to contact your local MP to raise concerns.

7. Introducing Physician Associates

(Samantha Bautista, Health Education England)

A qualified Physician Associate (PA) works between the Royal Berkshire Hospital and University Health Centre.

Physician Associates are a relatively new, healthcare professional. They are medically trained, generalist healthcare professionals who work alongside doctors and provide medical care as an integral part of the multidisciplinary team. Physician Associates are able to work autonomously, with appropriate support.

Physician Associates are trained in the medical model and can assess, manage and treat patients of all ages with a variety of acute undifferentiated and chronic conditions.

There are currently around 2,000 PAs working in the UK, and 40 PAs working in Berkshire. Physician Associates are part of the NHS England Five Year Forward plan, with the Department of Health wishing to have



1000 PAs in primary care by 2020. Therefore you may well have been treated by a PA recently, or potentially will be in the future.

	<i>QUESTIONS & ANSWERS / COMMENTS</i>
Q1	How many PA will be allocated in Reading?
A1	We fit in the 5 year plan and form part of the primary care network - we currently work with Social Prescribers, Pharmacists. DH would like 20,000 Pas by 2020.
Q2	What is your title?
A2	We are called Physicians Associates (PA) and we have specialties - for example I specialise in neurology
Q3	How would the role develop?
A3	PA are more aligned with GPs roles and nurses - they are not locum, they are allocated to a GP practice.
Q4	How do we see you?
A4	It depends which practice you attend. At some GP practices, you can be allocated a PA instead of a GP/nurse - usually appointments with PA's are quicker to get.
Q5	Is there a central number people can call to contact PA?
A5	You can call 111 if there is an emergency - but we are employed by a GP surgery. You can contact a PA at your surgery if they employ one.
Q6	Are there any PA at the Reading Walking Health Centre?
A6	A few students have worked there but they are not employed PA there at the moment.
Q7	Do PA work in secondary care under supervision with a qualified doctor? The PA can see the patient first then can be referred to the GP if the case necessitates more attention.
A7	We can work autonomously with some support - we don't have to refer to the GP for each patient.



8. Reading adopt your street

Alice Layzell, (Environmental Team, RBC)

Please click to read embedded presentation:



For any queries and Application forms please contact the RAYS team at:

rays@reading.gov.uk / Tel: 0118 937 3787 (please ask for the Reading Adopt your street team)

9. Current issues and suggestions for future meeting

(Cllr Gul Khan)

Current issues:



- FREE Tea Dance on 6th December at St George's
1.00pm to 3.30pm
St George's Road
RG30 2RG
(just off the Oxford Rd)
- The next meeting of the OPWG on Friday 13th December will be a seasonal meeting with a lighter agenda and mince pies and cakes for refreshment.
- OPWG Meetings for 2020 - the next meeting will be on 14th February 2020 - but the meeting in March 2020 might be moved to later in the year, perhaps in April 2020.
- Mature Times - free newspaper available at Libraries with interesting topics.
- Carers Rights Day 2019
Thursday 21st November at Wycliffe Baptist Church - 2 - 6 pm

Location: Wycliffe Baptist Church, 233 King's Rd, Reading RG1 4LS

Appointments by booking only

- *National Careers Service..... 14:00-18:00
- *My Care My Home..... 14:00-18:00
- *Power of Attorney 14:00-16:00
- * Health MOTs 14:00- 15:30

Presentations

- *Health Checks15:45- 16:00
- *Power of Attorney16:00- 16:45
- *DWP.....16:50-17:20
- *My Care My Home17:20- 17:35
- *Carer Assessment (Adult/ Children).....17:35-18:00

A wide range of organisations supporting carers will also be present to provide information and advice - Carers Hub, MyCare



MyHome, Stroke Association, DWP, Age UK Berkshire, Healthwatch Reading, Parenting Special Children, Citizen Advice...and many others.

Contact the Carers Hub:

ask@berkshirecarershub.org / Tel: 0118 324 7333

- Reading Youth Services are looking for volunteers to help with the referral holder panel - to speak to young people who have committed a crime.
- Age UK Berkshire - Hospital Befriending Volunteering project - a 3-month project running between January-March. Volunteers are needed 2 hours on a weekly basis, in afternoons during the week and all day at the weekend, to spend time with people at the hospital for a chat, playing cards etc...

Suggestions for future meetings:

- Provision of Adult Social Care in Reading - Q&A to Director of Adult Social Care
- Visit to the recycling tip - NC to follow up
- Conditions of the roads - road surfaces
- Reading Buses - changes in the new year affect Lions Service in Bracknell area
- Changes to Digital information boards - LA to respond
- Scams (Avoiding scams leaflets from Age UK Berkshire shared at the meeting)
- Action on Hearing Loss - information sharing
- Everyday First Aid - Red Cross
- Berkshire Observatory - Joint Strategic Needs Assessment
- Safer Cycling (Avanti Cycling)
- Crown Prosecution Service
- ReSPECT - end of life care (RBH)
- Ageing Well Project (University of Reading)



Date of next meeting:	
Wednesday 14 th February 2020	2 - 4 pm Council Chamber, Civic Centre, Bridge Street, RG1 2LU